



SHARE



the legacy plan



journeyman

Leaving A Legacy Worksheet

This worksheet is designed to help you keep the future in mind by helping you to think about things we may not normally think about in the course of our busy schedules. Rather than being constantly consumed with the urgent, we can take this time to turn our attention to the important.

Remember, your inheritance isn't just "stuff" that you leave behind when you die. Your inheritance is everything you are passing along right now!

Instructions:

- Set aside 30-60 minutes to focus and reflect.
- Ask God is guide you thought the process.
- Read through each section before answering the questions.
- If you are married, answer the questions with your spouse.
- If you are a single, answer the questions with a friend or get together with a friend and share what you are thinking/feeling in light of your answers.
- Take notes if you desire to return to this in the future and see how you are growing.

1. Spiritual Commitment and Passion

- a. Am I committed to being a part of the church by weekly attending Sunday services? If not, why not?
- b. How had God gifted and called me to serves in the church?
- c. When am I setting aside time to read the Bible and pray as a way to give God access to my life?
- d. How am I intentionally teaching my children about God's love for them and what it means to have a life-long relationship with Him?



2. Godly Values

a. There are 168 hours in a week. How am I spending my time?

Write the number of hours spent each week in each area.

- _____ Sleeping
- _____ Working (include commute and working from home)
- _____ Personal hygiene (showing, dressing, etc.)
- _____ Exercising
- _____ Family time (include meals together)
- _____ Focused on/ serving God (worship, prayer, reading, serving)
- _____ Personal time (relaxation, playing, entertainment, meals eaten alone)
- _____ Other

b. Based on how I spend my time, what do I really value?

c. How do these values honor or not honor God?

d. How do I need to adjust the way I spend my time?

e. How am I intentionally teaching my children godly values and a healthy use of the time God gives us each day?

3. Family Traditions

a. What family traditions do I participate in throughout the year, and how does each honor God and build affirming relationships?

- Holidays
- Vacations
- Weeknights
- Weekends
- Other times and seasons

b. What new family traditions would I like to start during the following?

4. Healthy Relationships

- a. Do I enjoy being with my immediate and extended family? Why or why not?
- b. Do I have any relationships that are broken from the past? What can I do to mend them?
- c. Is there anything unhealthy in my current relationships?
- d. When I have a conflict or issue with someone, how do my children see me resolve it?
- e. Do I have close friends who I trust to speak truth into my life?
- f. How am I intentionally teaching my children to develop authentic friendships?

5. Physical Well-Being

- a. Do I eat a healthy diet and exercise regularly? Why or why not?
- b. Do I have adequate sleep and time for relaxation? Why or why not?
- c. Do I get regular checkups with a doctor, dentist, etc?
- d. What physical issues am I not taking care of appropriately?
- e. Do I have an chronic illness and how am responding to it?
- f. Based on the way that I currently take care of my body, what will my anticipated condition be in 5 years? 10 years? 25 years? 50 years?
- g. How am I intentionally teaching my children to eat properly, exercise, rest, and take care of their physical health?

6. Financial Stewardship

- a. Am I currently living above my means which is resulting in debt? Do I have an intentional plan to get out of debt?

- b. How have I been generous to someone in need in the last 30 days? What's holding me back from being generous?

- c. Do I have an emergency fund and savings plan?

- d. What is my plan for retirement?

- e. Do I have a will or living trust? If yes, is it up to date? If no, how can I go about making one?

- f. How am I honoring God with my finances by investing in His work through my local church? If not, why not?

- g. How am I growing in the grace of giving?

- h. How am I intentionally teaching my children to live within their means, save, invest, and honor God through giving?