

# FAQ'S *for The Upper Room*

## **How do I sign-up and reserve my own prayer time?**

- 1) on line at <http://the-upper-room.genbook.com>
- 2) sign up in Rathbun hall at GEBC on Sunday's after worship
- 3) email Amy Kohley directly at [amy\\_kohley@yahoo.com](mailto:amy_kohley@yahoo.com)

## **Will you contact me?**

People with a scheduled prayer time will receive phone and email reminders.

## **Where is it and how far is this from GEBC?**

The Upper Room is behind the home of Bill and Amy Kohley, 2 miles west of GEBC on Roosevelt road on the south side of Wheaton.

## **When is the next prayer session?**

You can find dates for the Upper Room prayer sessions at [www.gebible.org/prayer](http://www.gebible.org/prayer)

## **Do people really pray all night?**

Yes, that is where the term 24-7 comes from. Prayer continues in the AM hours, with people signing up for 1 & 2 hour time slots, same as they would during the day.

## **Is it safe?**

Yes. The Upper Room is well lit as is the parking area and adjacent home. It is in a low-traffic suburban neighborhood. The Upper Room is on the 2nd floor of a detached garage/barn. The barn door has a lock and a doorbell, so those praying can lock the door to ensure no one else can enter. There is no phone in the Upper Room, so bring your cell phone for added peace of mind.

## **Can I bring my children?**

Yes and No: children old enough to read and pray can enjoy their time in the Upper Room with an adult. Small children will likely find the room less entertaining. Children are not permitted without an adult and should not be left unsupervised outside while an adult is in the Upper Room. We suggest not bringing small children, the Upper Room is designed to minimize distractions.

## **Is there coffee?**

Yes, there is VIA coffee from Starbucks as well as tea. A water cooler provides hot and cold water.

## **Is there a bathroom?**

No. Please prepare accordingly.

## **Do I need to wait for the next person to show?**

During a 24-7 prayer session, the answer is YES! If you need to leave, look at the next person on the sign-up list at the bottom of the stairs and call them.

**How do I prepare for my time?**

First, be on time. That is always a priority and respectful to the others participating. Second, give some thought to what you want to talk to God about. Once in the Upper Room, there is plenty of materials to guide your prayer time.

**What if I can't make my scheduled time?**

Call someone from the prayer sub list found on website. If that isn't working, call your prayer leader for your scheduled day. Your leader can often assist you in finding a sub or swapping times.

**What will I do for an entire hour?**

60 minutes goes fast when you're talking to God. The most common thing we hear from first time attendees is that they wished they would've signed up for 2 hours. Think how great it is to have quite time to engage yourself in conversation with your Savior. The Upper Room is designed to engage you so do not worry about keeping yourself busy.

**Can my family, neighbors, or small group visit?**

Yes, the Upper Room is often used by small groups and couples who want to pray together or pray about a specific topic, mission, or concern. Either sign your group up on-line or contact Amy Kohley by email. The Upper Room is available on a first come first serve basis.

**Are there any specific rules?**

- Mixed gender couples can only attend together if they are married.
- Non-teen children are not permitted unless accompanied by an adult
- Remove your shoes upon entrance
- Do not leave food
- Be on time